



Dear Families,

Class #1 is proud to announce that we are starting the bread study! We've noticed that the children's favorite meals often include bread or foods like bread (e.g. pizza, pretzels). The children are curious about the types of bread they eat, how it is made, the shapes it comes in, and how we eat it. We think a study of bread will be a great opportunity for children to explore their interests.

To get our study started, we need your help to gather materials, such as baking supplies, baking gear, and ingredients. We'd also like to borrow cookbooks, recipes, or pictures of bread. Below are suggested items, but feel free to send other items that may enhance our exploration.

Baking pans	Aprons	Bread your family eats
Biscuit or cookie cutters	Oven mitts	(e.g., corn tortillas,
Pastry cutters	Pretend bread, pizza, etc.	naan, roti)
Plastic mixing bowls	Cookbooks that feature	Pictures and Videos
Large wooden spoons	bread	Interesting types of
Spatulas	Ingredients and Samples	bread
Measuring utensils	Different kinds of flour	Breads for special
Rolling pins	Cornmeal	occasions or holidays
Tortilla press	Vegetable oil	
Empanada crimper	Baking powder	
Hand-crank grinder or	Baking soda	
mortar and pestle	Salt	

Please label items with your name so we can return them to you at the end of our study. Also, please let us know if a family member's occupation relates to bread (e.g., restaurant worker, delivery person) and would like to share his or her expertise. We would love to arrange for that person to join our investigations.

What You Can Do at Home: Talk with your child about the bread you eat at home: sandwich, naan, tortillas. Examine bread in your local grocery or bakery. Talk about features, such as color, texture, shape, how it is stored, how it is used, and the difference between sweet and savory breads. Point out how breads are packaged. Notice bakery delivery vehicles and ask children how the bread is packed to avoid being crushed. Talk about who bakes bread. What equipment and supplies do they use? At the end of our study, we will have a special event to show what we've learned. Thank you for participating in our learning.

Sincerely,
Miss Pat and Miss Laura
Room 1